

## Frequently Asked Questions: Pain Relief

### **Question: What will I notice during and after treatment?**

- 1. You will feel an increase in warmth in the treated areas.**
- 2. Different sensations are possible with use of the system depending on the individual.**

**You may feel warmth sensations.**

**You may experience the relief of pain.**

**You may have a greater range of motion.**

**You may feel a calming or soothing effect.**

### **Question: When will I feel better or see some positive results?**

It is important to remember that we are all unique; no two people are the same. Factors such as age, sex, level of fitness and various physical conditions can affect how quickly your system can help. In cases where your condition has lasted for many years (chronic) it may take longer to notice a benefit because so many areas may need the therapeutic benefits of the DPL™ system.

### **Question: How often can I use the DPL™ System?**

For pain relief maximum use of the system should be four 9 minute treatment sessions, with 12 hours separating the first two 9 minute treatments.

### **Question: Can the DPL™ Therapy System help my (insert your problem)?**

DPL™ Therapy can be used for the treatment of chronic pain by emitting energy in the Near-IR spectrum for the temporary relief of minor muscle and joint pain; arthritis and muscle spasm; relieving stiffness; promoting relaxation of muscle tissue; and temporarily increase local blood circulation where applied.

### **Question: How close to the skin should I hold the DPL™ System?**

For best results the DPL™ should be as close to the skin as possible, the outside plastic of the panels can even touch the skin. Center the panel(s) to the main area of pain for maximum effectiveness.

### **Question: I have arthritis in my hands. Will I be able to use the system?**

The DPL™ System is designed with the arthritis sufferer in mind and can easily be used on the stand for your hands. The device is also lightweight and easy to hold. Treatment should focus on the hands until more mobility is obtained before moving on to other areas of the body.

### **Question: I have used my system for a couple of days - why am I still hurting?**

Keep in mind that this system serves as therapy for minor muscle, joint and arthritic discomfort; it is not a miracle drug or pain killer. The system is not intended to replace any current medication prescribed by your physician. Always consult your physician if the pain persists or intensifies. This may be a symptom of other conditions needing immediate attention.

### **Question: Does it work through clothes?**

Some materials can prohibit the system from delivering the treatment most effectively. If possible, use without clothes on the treatment area.

### **Question: Why doesn't the system get hot?**

Some people report that their system gets warm or they feel warmth in their skin, which is normal. When you follow the recommended use, the LEDs should not get uncomfortable or dangerously hot.